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INSIDE

'BISON' WELCOME NEW LEADER TO THE HERD



Story on page 2

CELEBRATING RECREATION MONTH WITH PSP



Story on page 7

8 AMS GIVES CAMP TRILLIUM A BOOST



Story on page 11



437 Transport Squadron
75th ANNIVERSARY
75^e anniversaire du 437^e Escadron de transport

Trenton takes gold at Ontario Region Ball Hockey Championship



Photos by Makala Chapman

8 Wing Trenton takes home gold at the Ontario Region Ball Hockey Championship on June 21, 2019.

By Makala Chapman

Athletes at 8 Wing Trenton are taking the time to celebrate after winning gold at this year's Ontario Region

Hockey Championship. The men's team rallied hard as they hosted competitors from all across the province for a week-long tournament held June 17-21 at the RCAF Flyer's Arena in Quinte West. Hit-

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ting the rink were teams from Canadian Forces Base (CFB) Kingston, CFB Borden, Garrison Petawawa and 22 Wing North Bay. Coming out on top was Trenton with a 6-1 victory over Petawawa in the finals. Speaking to how proud he was of his team's efforts was Trenton coaching staff Master Corporal (MCpl) Matthew Archer. He noted he had been impressed with his players' ability to continuously adapt and improve throughout each game up until the end. "They really kept together as a team to cement the fact that we belong at the national competition," he said. "Throughout the whole tournament we never had a single guy get down on himself or on each other. It was always a positive bench and that's what I'm most proud of." Trenton took an

Continued on page 9

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'Bison' squadron welcomes new leader to the herd

By Makala Chapman

A key military unit responsible for things such as helping transport humanitarian aid and supplies around the world is now under new leadership. 8 Wing Trenton's 429 Transport Squadron welcomed Lieutenant-Colonel (Lt.-Col.) Adam Pentney to the 'bison' family in an official change of command ceremony held at the Base on June 21. He officially took over the reins from Lt.-Col. Bryce Graham who had led the squadron since summer 2017. In his farewell speech, Lt.-Col. Graham spoke fondly of his time at 429 and referred to it as "Canada's flagship RCAF squadron". He noted that he hoped he had made the men, women, and the families of his squadron feel supported over his tenure and thanked them for their service. "You're bison for life and part of this family for life," he said. He went on to highlight some of the many contributions the squadron has made over the last two years and added he couldn't have been more proud. He pointed to examples from providing humanitarian aid in the forest fires that plagued British Columbia in 2017 to aiding US partners during the hurricane that devastated the island of

Puerto Rico in the same year. In addition, he pointed to current missions such as Operation Presence, Canada's official support of the United National Multidimensional Integrated Stabilization Mis-

sion in Mali (MINUSMA). Lt.-Col. Graham explained that 429's involvement in this specific operation included the "transport of vital resources, equipment and people" into and out of Mali. Some

lence. Next to take to the podium was 8 Wing Commander Colonel (Col.) Mark Goulden who thanked Lt.-Col. Graham for his service. He noted that both he and Lt.-Col. Pentney should be proud to have been selected by the RCAF to lead such a great squadron and to not take it for granted. "429 is one of the most decorated squadrons in the Royal Canadian Air Force," he said. "Its history is something we cannot and will never forget. To know your history is to know who you are today." In his thanks to Lt.-Col. Graham, the Wing Commander said that his legacy would be the impact he had on the people and the work he did to help propel the squadron into the future. "There were challenges along the way, but you worked through them in a creative and passionate manner," said Col. Goulden. "Be very proud of what you have accomplished." In his words of welcome to the incoming commander, he noted that his reputation preceded him and that the squadron was lucky to have such a "charismatic officer that has excelled in his career". He reassured Lt.-Col. Pentney that he was ready for the job and was the perfect fit for the bison community. "You have a tremendous responsibility to your people, their families and to the Roy-



Photos by Corporal Zebulon Salmaniw

Commanding Officer of 429 Transport Squadron, Lt.-Col. Adam Pentney, takes the salute during the Squadron's change of command parade at 8 Wing Trenton, Ontario on June 21.



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of the milestones that occurred under his command included the CC-177 Globemaster's 10th anniversary arriving on Canadian soil and the squadron's 75th anniversary. "Despite being faced with constant challenges that tested our resolve," he said, "we rolled up our sleeves, put our hard hats on and solved one problem and then another. We didn't give up and the squadron will never give up because that's not how bison are wired." In his advice to the incoming commander, Lt.-Col. Graham encouraged him to look after the "herd" and to savour each moment. As for his final words, he noted it had been both an honour and privilege to lead the bison and encouraged the members to continue striving for excel-

al Canadian Air Force," he said. "Never let your squadron lose focus of the mission." Last to share his thoughts was Lt.-Col. Pentney, who agreed that he could not have been more fortunate to have been selected to lead 429. He thanked Col. Goulden for entrusting the squadron to him and noted the men and women were in good hands. "You will not be disappointed," he said. As for his first words to the members of his squadron, Lt.-Col. Pentney expressed that he was looking forward to getting to meet everyone and to learn more about the squadron. "It is you who I am most excited to serve with and for," he said. "I am thrilled to be a part of 429 Squadron and proud to be your commanding officer."



Commanding Officer of 429 Transport Squadron, Lt.-Col. Adam Pentney is joined by 8 Wing Commander, Col. Mark Goulden and outgoing 429 Squadron Commander Lt.-Col. Bryce Graham as he signs to formalize the change of command on June 21.

Photos of the Week

Mission Support Squadron



Photo by Shawn Lucas

Content submitted

Pictured is one of the regular customers at Hazardous Waste. Cpl Trevor Sperry of 436 Squadron is seen here at the sorting station for recyclable batteries at the Hazardous Waste Disposal building located at 1 Goosebay Road.

Lemonade stand raises funds for MFRC



Photo by Devon Taylor

Content courtesy of Trenton MFRC

Four-year-old Madison Bassett Webster raised money for the Trenton Military Family Resource Centre (MFRC) Daycare with her own lemonade stand on May 26. She used to attend the daycare when she was a baby and wanted to raise money for "the place that protects the babies at Daddy's work". Her father is a pilot at 429 Transport Squadron.

Five-year-old Madison drops off her donation to the MFRC.

Surf N' Turf veterans take on Ironman triathlon



Content courtesy of Surf n' turf 8 Wing/CFB Trenton

Recognize these faces? Our very own Surf n Turf winners also competed in the IRONMAN 70.3 Mont-Tremblant for the CAF Triathlon Team this past weekend (and did very well!). Pictured,

from left to right, is Sergeant Patrick Simoneau, Corporal Chris Cheeseman (pictured with his tinmate Jon Bell) and Master Corporal Mikael Charbonneau-Lemaire. Their respective titles were Top Tinman 40+, Top Tinmates and Top Tinman Under 39 for this year's race. Way to go, guys!



Photo courtesy of Stephanie Webster

Madison wanted to help raise money for the daycare she once attended when she was younger.

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ALL DAY ENTERTAINMENT

AMPHITHEATRE STAGE: 10:30 am Trenton Citizens Band | 11:00 am Opening Ceremonies | 11:30 am Trenton Citizens Band | 12:15 pm Joyful Noise | 1:15 pm Quinte Idol

PAVILLION STAGE: 12:15 pm Astounding Heights | 1:15 pm Fade Kings | 2:30 pm Buddy Jordan | 3:45 pm The Pitiless Fools | 5:00 pm Yesterdays Villains | 6:15 pm Sleezer | 7:30 pm The Finisters | 8:45pm Moon Sugar

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Ensemble, célébrons **la fête du Canada** à Quinte West

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Divertissements la journée longue

STADE DE L'AMPHITHÉÂTRE: 10h30 Trenton Citizens Band | 11h Cérémonies d'ouverture | 11h30 Trenton Citizens Band | 12h15 Joyful Noise | 13h15 Quinte Idol

STADE DU PAVILLON: 12h15 Astounding Heights | 13h15 Fade Kings | 14h30 Buddy Jordan | 15h45 The Pitiless Fools | 17h Yesterdays Villains | 18h15 Sleezer | 19h30 The Finisters | 20h45 Moon Sugar

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Safety



Hazard Free Housekeeping for Your Work Area

Jobsite housekeeping is part of your job no matter what type of work you do. Keeping your work area clean and tidy helps avoid jobsite accidents including falls, fires, cuts and chemical exposures.

Follow these tips for safe jobsite housekeeping:

- Keep all materials and equipment in their proper storage places when they are not in use.
- Don't keep tools and equipment around if you do not need them. Return unnecessary tools to the tool crib and materials to central storage areas.
- Store tools safely to prevent injury. Blades should be covered. Don't leave tools where they could fall off a bench.
- Keep traffic areas such as aisles clear and free of stored materials and scrap.
- Make sure entryways and traffic lanes are dry and free of ice, water and grease.
- Do not allow obstacles such as cables and hoses to cross traffic areas. These create unnecessary tripping hazards.
- Keep emergency equipment in good condition and free of obstacles. Do not allow anything to block access to emergency exits, fire extinguishers, fire hoses, fire sprinklers, safety showers, eyewashes or first aid equipment. Make sure emergency equipment is maintained on a regular basis. All emergency equipment should be clearly marked.
- Maintain electrical equipment. Keep cords untangled and away from heat and moisture. Whenever possible, have permanent wiring installed instead of using extension cords.



- Close drawers and cabinet doors promptly. Many serious accidents have occurred when someone tripped over an open drawer or slammed into an open storage cupboard door.
- Clean up spills immediately. Know what to do in case of a chemical spill. Keep chemicals in properly labeled containers and keep them closed when not in use.
- Keep only the amount of chemical you require in your work area.
- Know where to find the Material Safety Data Sheet (MSDS) for any chemical you use.
- Make sure ventilation is adequate.
- Keep trash and scrap cleaned up and thrown away. Oily rags must be dis-

posed of in approved covered containers.

- Empty trash and scrap containers frequently.
- Keep machinery free of accumulated dust, scrap or oil.
- Repair or report any hazards such as loose tile or carpeting, loose stairs and holes in the floor.
- Keep windows and light fixtures clean to improve lighting. Replace burned out light fixtures promptly. Watch for surfaces with splinters and have them sanded down.
- Never store heavy objects out of sight in an overhead location.
- Confine your eating and drinking to the lunch area. Smoke only in design-

nated areas.

- Keep walls and work surfaces free of excess paper. Have a system for posting and dealing with phone messages. Keep addresses and other notes in a simple filing system to keep them off your work surface.
- Keep emergency numbers posted at each telephone. The street address and telephone number of your work location should also be posted at each phone to assist anyone who might be calling for emergency help.

The old saying about, a place for everything and everything in its place, sums up jobsite housekeeping!

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden., MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

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ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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Sports & Recreation



Golf Tip of The Week

Courtesy of *Frankford Glen Golf Course*
at *8 Win G/Cf B Trenton*

The golf swing in two moves

So much of golf instruction is this position, that position, it's sometimes good to clear your head and think in broader terms.

Put simply, the overall motion of a good swing is push-pull: You push the club back, and you pull it through. The opposite move—a pull-push—is a common amateur fault. So a lot of golfers have the fundamental motion of the swing reversed.

HOW TO START BACK

The motion you want off the ball is a pushing back movement by the left hand. This creates a basically straight start to the swing and wide extension. It also gets the left shoulder turning back so the upper body starts to coil against a stable lower body. The left hand is a good focal point because the hands are the only parts of the body on the club. In fact, think of the back of the left hand as the clubface: If the hand stays steady, so does the face. A square face going

back boosts your chances of getting back to impact square, which is the ultimate goal.

Common Faults

A common fault is pulling the club back with the right hand. A lot of right-hand-dominant golfers do this, it causes the club moves quickly to the inside. From there, you have to lift it to get to the top, and that reduces body rotation and saps a lot of energy out of the swing. You lose all of that torque that's produced when the upper body turns against a stable lower body.

A Drill to Help

Here's a good drill to groove the push-back move. Grip a short iron in your left hand only, and make some chipping swings. Without the right hand on the club, you isolate the pushing motion of the left hand on the backswing. Re-create that feel when you go back to swinging with both hands

hand down. Your goal is to get the back of that hand—the logo on your glove—facing the target at impact.

HOW TO START DOWN

Another benefit of the push-back is the wide takeaway that it creates. A wide takeaway helps shift your weight to your right side. With the weight back and your upper body fully coiled, you're ready to reverse those actions and start the downswing. The first move down should be a pulling motion initiated by the left leg (pictured above). From the top, the left knee shifts toward the target and starts pulling the rest of the lower body into its forward rotation. If the lower body leads the downswing, the club drops to the inside, and you can sling it out to the ball. There is a caveat. The downswing is not only a pulling action, because you also have to square the clubface for impact. If you just pulled, the face would be wide open—and you'd flare everything dead right. So after the initial pull, focus on turning the knuckles of your left

Common Faults

On the fault side, if you push the club down from the top, like a lot of right-hand-dominant golfers do, the club moves out and away from you. From there, you're going to make a steep swing that cuts across the ball from out to in. That swing has no power and produces a lot of pulls and slices.

A Drill to Help

Try this drill to help you feel the pull, then a square face. Without a club, take your setup with the outside of your left foot against a wall. Mimic your backswing, then swing down slowly. Make sure: (1) Your left leg gently bumps the wall as you start down, and (2) the back of your left hand faces the wall as it comes down in front of you. Now you're ready to put the push-pull to work for you.

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Priority to the military families until June 21st.

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INFORMATION
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Canada's Wonderland

Upcoming Local Events

- **June 29** – Operation Stand Proud - Leon's Trenton, along with its Partners, will be hosting an Official Guinness World Record Attempt for Largest Human Maple Leaf as a show of appreciation for the men, women, and families, who have dedicated their lives to serving our country. The current Guinness World Record is 1,589 people. Our goal is 5,000! Register for free and learn more at www.leonstrenton.com/operation-stand-proud.
- **June 29-30** – A reunion of the Trenton (ON) High School graduating classes of 1968-70 is being held on Saturday and Sunday with events that include registration at the school, which will provide an opportunity to wander the halls and reminisce, a dinner and dance at the Legion Hall, and Sunday breakfast brunch at Occasions by the Bay at Bayside. The reunion includes the graduating class of 1968/1969/1970, but others interested in attending are welcome. Space at the events is limited and early registration is advised. For more information about the reunion weekend go to the Facebook page "Trenton High Class of '69 (or more)" or email ths2019reunion@gmail.com
- **July 1** – Trenton Legion invites you to their Canada Day Party on July 1st. Doors open at 11:30 am. Live Band "Chelsea Road". Birthday Cake, prizes and party favours. No charge, everyone welcome. 19 Quinte St., Trenton, www.rcl110.ca
- **July 1** – Belleville Canada Day celebrations at West Zwick's Park. Open to the public and will include live entertainment, food vendors, fireworks and more. The event will run from 1 – 4 p.m. at 11 Bay Bridge Road, Belleville, Ont. For more information please visit www.bellevillecanaday.com

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PSP hosts community day in celebration of recreation month

By Makala Chapman

Staff members at Personnel Support Programs (PSP) will be some of the first to talk about the benefits of recreational activities. In fact, in support of June being Recreation Month, 8 Wing Trenton's PSP team hosted a free community day to help celebrate on June 22. PSP staff say the idea behind the event was to remind everyone of the importance of healthy, active living through play, leisure and recreation. Families that participated in the community day got to take part in everything from stand-up paddleboarding (SUP), swimming and outdoor yoga. In addition, members of 8 Wing Trenton's 21 Military Police Flight and 85 Aircraft Rescue Firefighting Flight were also on scene with static displays of their equipment and vehicles. Also present were members of the OPP community policing organization, who helped teach young children the importance of bike safety on and off the road. Those interested in learning more about cycling were also given the chance to get a bike tune-up and advice from Doug's Bicycle Sales and Service. Anyone looking for something a little faster than a bike was then able to then stop over and visit representatives from Brighton Speedway, who brought one of their vehicles to show off. Last but not least, handing out treats and snacks were members of the Base's Health Promotion team who said they were pleased with this year's turnout. Special thanks goes to Tim Hortons, who supplied fresh coffee, as well as the CANEX retail store who put on a free barbecue for all in attendance.



Five-year-old Izabell Bard navigates her way through pylons at the Bike Rodeo on June 22.



The Bonk family with Corporal Samson from 21 MP Flight at PSP Community Day on June 22.



The Spearin family tries their hand at stand-up paddleboarding at the RecPlex pool.

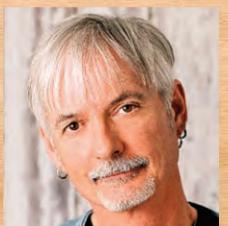


Members of the public check out Doug's Bicycle Sales and Service at this year's PSP Community Day held at 8 Wing Trenton's RecPlex on June 22.



5 DAYS of Music - 30 Acts Ontario 

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July 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 Canada Day – MFRC Closed!	2 Youth Centre, Ages 6-8	3 Youth Centre, Ages 8-12	4 Youth Centre, Ages 10-14	5	6
7	8	9 Triple P Seminar Youth Centre, Ages 6-8	10 Youth Centre, Ages 8 -12	11 Youth Centre, Ages 10-14	12	13
14	15	16 Youth Centre, Ages 6-8	17 Youth Centre, Ages 8-12	18 Canada's Wonderland Bus Trip Youth Centre, Ages 10-14	19	20
21	22	23 Youth Centre, Ages 6-8	24 Youth Centre, Ages 8-12	25 Youth Centre, Ages 10 -14	26	27 First Aid/CPR C Course

● Summer Youth Centre Hours

Beginning Tuesday, July 2, the Trenton MFRC Youth Centre's summer hours will be in effect. Please refer to the monthly activity calendars available on our websites, Facebook page, or for pick-up at the Trenton reception for more information.

Monday	CLOSED	
Tuesday	6 – 8 p.m.	6 – 8 years old
Wednesday	6 – 9 p.m.	9 – 12 years old
Thursday	6 – 9 p.m.	12 – 16 years old
Friday	CLOSED	

● Canada's Wonderland Bus Trip

Join us as we take a road trip to Canada's Wonderland! Enjoy the water park and roller coasters, including the brand new Yukon Striker coaster as we spend a full day in the park. Thursday, July 19

We will depart the MFRC at 7 a.m. and leave Canada's Wonderland at 8 p.m.

Adult - \$49.43
Junior/Senior - \$44.91*3 years and under 48" or 60+ years

The cost includes admission, and an all-you-can-eat buffet lunch.

Coach Bus Transportation (limited seating):
\$5 per person (military families)
\$10 per person (civilians)

Please buy your tickets and register for the bus by Friday, July 5 at the Trenton MFRC.

*Priority is given to military families until June 21
For more information, call 613-965-3575.

● First Aid CPR C Course

Instructor Carmen White will be providing First Aid and CPR C to military spouses and families at the MFRC. The course is offered through Perri-Med and certification is valid for 3 years. If Health Care Provider (HCP) CPR is required, please let reception know.

July 27 & 28, 9 a.m. - 5 p.m. (Both days for a total of 16 hours) at the Trenton MFRC

\$90 per person
Please register and pay at Trenton reception by September 19, 2019.

For more information, please call 613-965-3575.

Welcome to the Trenton MFRC Youth Centre!

JULY 2019

For more information about our Youth Centre & Programs please contact:
Rabia Stobart – Youth Services & Personal Development Coordinator
613-392-2811 x2568 | rabia@trentonmfr.ca

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED <i>Oh Canada</i>	2 Mauricie Water Balloon Hunt Ages 6-8 6-9 p.m.	3 Poutine & Ball Hockey Ages 8-12 6-9 p.m.	4 Beaver dam Building Ages 10-14 6-9 p.m.	5 CLOSED	6 CLOSED
7	8 CLOSED <i>Wild Wild West</i>	9 Saloon Singa Ages 6-8 6-9 p.m.	10 Rodeo Night Ages 8-12 6-9 p.m.	11 Square dancing Ages 10-14 6-9 p.m.	12 CLOSED	13 CLOSED
14	15 CLOSED <i>Pokémon</i>	16 Pikachu's Geyser Experiment Ages 6-8 6-9 p.m.	17 Pokémon Minute to Win It Ages 8-12 6-9 p.m.	18 Squirrel's Water Challenge Ages 10-14 6-9 p.m.	19 CLOSED	20 CLOSED
21	22 CLOSED <i>British Invasion</i>	23 Crumpets & Tea Ages 6-8 6-9 p.m.	24 Cricket Match Ages 8-12 6-9 p.m.	25 Royal Visit Ages 10-14 6-9 p.m.	26 CLOSED	27 CLOSED
28	29 CLOSED <i>Savvy Sailors!</i>	30 Pin the tail on the Whale Ages 6-8 6-9 p.m.	31 Setting Sail Balloon Toss Ages 8-12 6-9 p.m.	August 1 Ship Mending String Art Ages 10-14 6-9 p.m.	CLOSED	CLOSED

We're open all summer long!
Summer Hours:
Tuesday | Ages 6-8
Wednesday | Ages 8-12
Thursday | Ages 10-14

Themed Weeks
Every week has a new fun theme. Feel free to dress up to the theme and come prepared for fun!

Summer reminders
The kids are outdoors most nights - please remember appropriate clothing and sun protection when coming to the Centre.

CALLING ALL TEENS!
Summer is a great time to volunteer at the Youth Centre. Contact rabia@trentonmfr.ca and learn how to get your volunteer hours at the MFRC.

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Continued from page 1

early lead in the finals having already amassed three goals by the end of the first period. They continued the momentum by scoring another point within the first five minutes of the second period. It wasn't until the last 2:41 of the second period that Petawawa managed to snag a goal of their own. But, despite their best efforts, Trenton proved too hard to beat and were crowned first place winners. As for what it was like getting to take home gold, MCpl Archer said it certainly was one of the highlights of his military sports career. "This is only my second time making it to nationals so it's something special," he said. "Last time we made it was probably about four or five years ago. For a lot of the guys this is their first time going to a national competition." When asked if there was anything specific the team needed to work on, MCpl Archer noted it was more about keeping up the skills they've already developed and have been practicing. Also speaking to how excited he was to be a part of this year's winning team was defenceman Captain (Capt.) Sébastien Dagneault. While the final score may have reflected a seemingly easy win for Trenton, Capt. Dagneault reassured the fact that Petawawa, as well as the other teams throughout the tournament, had been fierce competitors. "The last game was really intense," he said. "We had to make sure they didn't score early in the game so we could stay focused on the way we played." He went on to credit the Petawawa athletes for their endurance and game play throughout the tournament and noted they had been worthy adversaries. In terms of what it's been like getting to play the sport he loves as part of his job, Capt. Dagneault added it was fantastic and he couldn't have been more grateful to the military for allowing members to do so. "There's no rank when we're playing," he said. "It's just the men and the goal tender." 8 Wing Trenton will once again welcome competitors as they host the 2019 CAF National Ball Hockey Championship on home turf from July 21-26.



8 Air Maintenance Squadron Commanding Officer Lieutenant-Colonel Brian Tang (third from left) and PSP senior manager Todd Peddle (far left) present team captain MCpl Sean Barker (third from right) and MCpl Matthew Archer (far right) with the ball hockey winner's banner on June 21.



Lt.-Col. Brian Tang presents 8 Wing Trenton's Corporal Gabish Garand with his gold medal at the closing ceremony



Photos by Makala Chapman

8 Wing Trenton and Garrison Petawawa push for the ball during the finals.

Happy Canada Day!

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8 AMS hosts promotions and awards for members



By Makala Chapman

Some of 8 Air Maintenance Squadron's (8 AMS) most deserving members are being recognized for their dedication to service. In a ceremony held at the squadron, on June 20, Commanding Officer Lieutenant-Colonel (Lt.-Col.) Brian Tang took the time to recognize those that had gone above and beyond what was expected of them. In addition, he also presented a handful of members with rank promotions. He noted while being recognized or promoted is an exciting moment in any person's career, it's equally important to remember and acknowledge all those who helped

along the way. In addition, he noted that all members of the 8 AMS were highly valued and thanked them for their dedication the Wing and Canada as a whole. Congratulations to (now): MWO Darryl O'Rourke, WO Jeff Thomas, WO Roland VanBergen, Sgt Steeve Bessette, MCpl Courtland Osborne, MCpl Nicholas Brake, MCpl Anne-Marie Courchesne, MCpl Jeff Burness, MCpl Jason Kennedy and MCpl Christian Vince.

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Camp Trillium gets a boost thanks to annual golf tournament

By Makala Chapman

An organization dedicated to bringing joy to families impacted by cancer is saying thanks to 8 Wing Trenton's 8 Air Maintenance Squadron (8 AMS). Like they have for the last 25 years, the squadron hosted and raised funds through their annual Camp Trillium Golf Tournament, which ran on June 7. Camp Trillium, also known as the Trillium Childhood Cancer Support Centre, offers year-round recreational experiences to children and their families living with cancer. Their aim is to enhance the quality of life of the participants through fun and leisure. This year's event brought in \$15,481, an amount that event co-chair Warrant Officer (WO) John Dassen said he is more than pleased with. He added on top of the tournament, community sponsors, raffles and other donors had been critical to helping them reach their campaign goal. "I've never experienced a charity quite like this until I came to 8 AMS," explained WO Dassen. "I can't even begin to explain the feeling of helping out those

kids. The community support has been important and without them, none of this would have been possible." Since 8 AMS' partnership with Camp Trillium, they have raised more \$185,000. Members of the squadron officially presented Camp Trillium representative, Charlie Benson, with this year's donation at a small ceremony on June 20. Speaking to how proud he was of his members for their efforts in making this year's tournament a success was Commanding Officer Lieutenant-Colonel (Lt.-Col.) Brian Tang. He noted as someone with a family of his own, he couldn't imagine what the families of children living with cancer are going through. "The little things that we can do to support Camp Trillium is important," he said. "I can't even imagine kids fighting cancer and the hardships they have to go through." He once again thanked the event committee for their dedication from the planning to the execution and said he looks forward to next year's tournament. For more information on Camp Trillium, visit them online at www.camp-trillium.com.



Members of 8 AMS gather for the opening ceremonies at this year's 25th annual Camp Trillium Golf Tournament on June 7.



Lt.-Col. Tang takes the inaugural tee-off to mark the beginning of the 25th annual Camp Trillium Golf Tournament on June 7.



Photos by Makala Chapman

Members of 8 AMS present Camp Trillium representative with this year's donation of \$15,481 on June 20.



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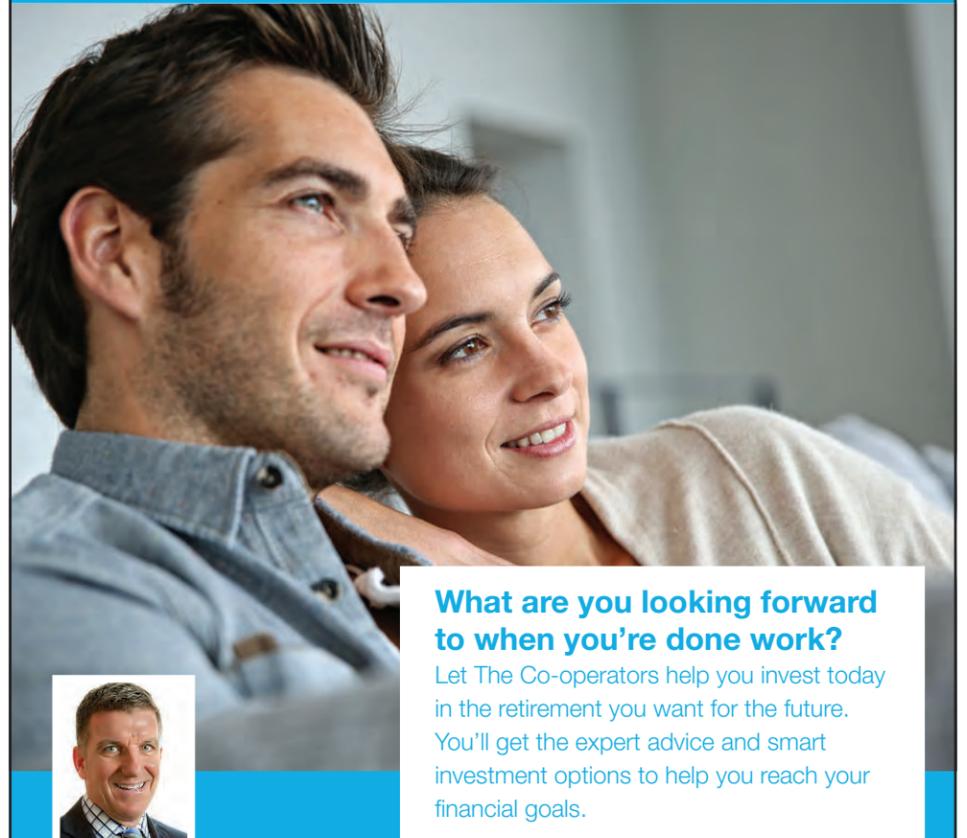
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